

THE WHEELER ACADEMY

AFTERNOON AND EVENING SCHEDULE

MONDAY	KIDS 4-5 YRS ALL RANKS 3:25 - 4 PM	KIDS 6-8 YRS ALL RANKS 4 - 4:45 PM	KIDS 9-13 YRS ALL RANKS 5 - 6 PM	KIDS 6-13 YRS JIU-JITSU 6 - 7 PM	TEEN/ADULT KICKBOXING 6 - 7 PM	TEEN/ADULT BJJ FUNDAMENTALS 7 - 8 PM	TEEN/ADULT BJJ ADVANCED 7 - 8 PM	TEEN/ADULT OPEN MAT 8 - 8:30 PM
TUESDAY	KIDS 9-13 YRS ALL RANKS 4 - 5 PM	KIDS 4-5 YRS ALL RANKS 5 - 5:30 PM	KIDS 6-13 YRS JIU-JITSU 5 - 6 PM	KIDS 6-8 YRS ALL RANKS 5:45- 6:30 PM	TEEN/ADULT KICKBOXING 6 - 7 PM	TEEN/ADULT BJJ FUNDAMENTALS 7 - 8 PM	TEEN/ADULT SELF-DEFENSE 7 - 8 PM	TEEN/ADULT OPEN MAT 8 - 8:30 PM
WEDNESDAY	KIDS 4-5 YRS ALL RANKS 3:25 - 4 PM	KIDS 6-8 YRS ALL RANKS 4 - 4:45 PM	KIDS 9-13 YRS ALL RANKS 5 - 6 PM	KIDS 6-13 YRS JIU-JITSU 6 - 7 PM	TEEN/ADULT BJJ NO-GI CLASS 6 - 7 PM	TEEN/ADULTS SELF-DEFENSE 6 - 7 PM		
THURSDAY	KIDS 9-13 YRS ALL RANKS 4 - 5 PM	KIDS 4-5 YRS ALL RANKS 5 - 5:30 PM	KIDS 6-13 YRS JIU-JITSU 5 - 6 PM	KIDS 6-8 YRS ALL RANKS 5:45- 6:30 PM	TEEN/ADULT KICKBOXING 6 - 7 PM	TEEN/ADULT BJJ FUNDAMENTALS 7 - 8 PM		TEEN/ADULT OPEN MAT 8 - 8:30 PM
FRIDAY	SPECIAL EVENTS AND SPECIAL CLASSES							

MORNING AND WEEKEND SCHEDULE

TUESDAY	KIDS 4-8 YRS ALL RANKS 9 - 9:30 AM	KIDS 6-13 YRS JIU-JITSU 9 - 10 AM	KIDS 9-13 YRS ALL RANKS 10 - 11 AM	TEEN/ADULTS SELF-DEFENSE 10 - 11 AM	TEEN/ADULTS JIU-JITSU 11 - 12 PM	
WEDNESDAY	KIDS 4 -8 YRS ALL RANKS 9 - 9:45 AM	KIDS 6-13 YRS JIU-JITSU 9 - 10 AM	KIDS 9-13 YRS ALL RANKS 10 - 11 AM	TEEN/ADULTS KICKBOXING 10 - 11 AM	TEEN/ADULTS NO GI JIU-JITSU 11 - 12 PM	
THURSDAY	KIDS 4-8 YRS ALL RANKS 9 - 9:45 AM	KIDS 6-13 YRS JIU-JITSU 9 - 10 AM	KIDS 9-13 YRS ALL RANKS 10 - 11 AM	TEEN/ADULTS KICKBOXING 10 - 11 AM	TEEN/ADULTS JIU-JITSU 11 - 12 PM	
SATURDAY	OFFICER'S TRAINING 8 - 9 AM	TEEN/ADULT NO-GI OPEN MAT 9 - 10:30 AM			BRITHDAY PARTIES 11 - 12:30 PM	